

The Avalanche

NOVEMBER 2009

From the Summit



The time is near. Rumors of dumps out west are hitting our ears and the first flakes are flying up north. The clocks have rolled back. Temperatures are falling. It's dark when I leave in the morning, dark when I get home at night. For most people, this is a pretty depressing time of year. For us, it's bliss!

We live in a seasonal climate, which means a seasonal culture as well. Moods vary by season, as do habits, health, and hobbies. Personally, I love it. Would any of us really be happy if it was 65 degrees every day of the year? Okay, maybe some would... If I really wanted that, I'd be living in San Francisco right now. However, there's nothing like seasons to rejuvenate us and get us excited for change and something new. The bikes and boats are getting stored, just in time before routine sets in and we really start taking those things for granted. In April, when the daffodils start sprouting, we'll be eager and excited to pull those toys back out. But for now, we winter enthusiasts start to get excited about the upcoming season, just as those that hate the cold settle into their sullen and sunken spirits, dreaming of the daffodils that are a long five months away. Remember those late-March days when the snow was flying and you dreaded having to shovel YET AGAIN? Imagine your upcoming excitement over the first snowfall and how willing you'll be to shovel, eager to begin what could be an epic year! Alright, maybe you're not so willing to shovel, but you get the point. We are truly lucky to live in an area where we're always looking forward to something.

The skiing culture is an active one. We're always going somewhere, doing something; perpetually looking forward to that next big event or adventure. Co-workers ask us, "Where are you going next?" I say embrace the ski culture. We're unique—and fortunate—to have so much depth in our lives. Go on a few fall hikes to get the quads in shape. Bundle up and take the kayak out one last time before the icy spray drives us from the water. Stay active; there will be plenty of time later in life to rest.

Now, off to rake the leaves and get the skis tuned.



**Steve Carr,
President**

Win \$200!

Bring a non-perishable item to Thursday's meeting and get a raffle ticket for a:

\$200 Gift Certificate to Stratton Mountain!

Bring multiple items and you'll receive a raffle ticket for each item!



Officer Nominations



Our nominating committee worked hard this year to come up with a group of nominees that are as overly qualified and dedicated as our current slate of officers. Their verdict: keep them the same! On behalf of the nominating committee (another fine job, gents), here are the nominees:

President:	Steve Carr
Vice-President:	Scott Muma
Treasurer:	Leonard Hills
Secretary:	Andrea Stokey

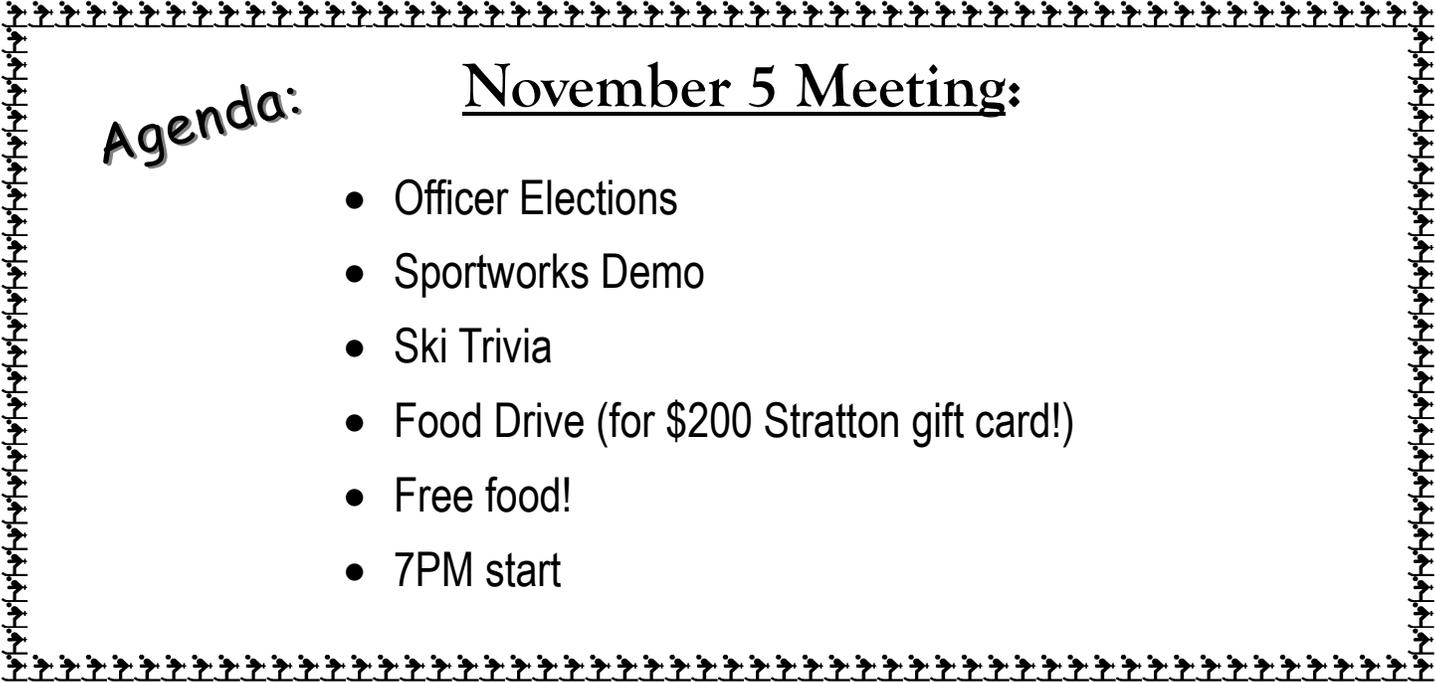
Of course, if this is the year you intended to run for office, additional nominations will be accepted at the meeting!

Upcoming

- ❄ November 5 - Sportworks Demo & General Meeting - Falmouth Inn
 - ❄ November 13–15 - Puritan of Cape Cod Ski & Snow Expo - Hyannis
 - ❄ November 15 - Ski & Snowboard Swap - Sailworld - (888) 496-4696 - Buzzards Bay
 - ❄ November 19–22 - Boston Globe Ski & Snowboard Expo - Bayside Expo, Boston
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By-Laws

Available on our website, www.uppercapeskiclub.com
Check under the “Club Information” tab



Agenda:

November 5 Meeting:

- Officer Elections
- Sportworks Demo
- Ski Trivia
- Food Drive (for \$200 Stratton gift card!)
- Free food!
- 7PM start



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February 14—21, 2010

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Trip Includes:

- 7 nights at the Banff Caribou Lodge
- 4 of 6 day ski pass good at 3 mountains
- Optional extra pass for Kicking Horse
- Roundtrip airfare via Air Canada
- Luggage fees (2 bags) included

Price:

- \$1495 per person, double occupancy

Contact:

- Bud Shaw
- (508) 477-3717
 - budco1@comcast.net

SUGARLOAF, MAINE

January 24—29, 2010

\$349

- White, White, World Week
- 5 nights accommodations
- 5 1/2 day ski pass
- Free group lesson each day
- Singles can be accommodated

Contact: Bud Shaw @ 508-477-3717 or budco1@comcast.net



09 / 10 Trip Schedule

DATE	DAY	DESTINATION	COST*	TRIP LEADER	TIME
Dec 15	Tuesday	Killington/Sunday River	\$70		4:30
Jan 5	Tuesday	Killington/Sunday River	\$70	Roger Stokey	4:30
Jan 12	Tuesday	Cannon Mt., NH	\$70	Donny Estes	5:00
Jan 22	Friday	Wildcat, NH	\$70	Steve Carr	5:00
Jan 24–29	Sun–Fri	Sugarloaf, ME	\$349	Bud Shaw	DY
Feb 9	Tuesday	Stratton, VT	\$70	Leonard Hills	5:00
Feb 14–21	Sun–Sun	Banff, Alberta	\$1495	Bud Shaw	FLY
Mar 2	Tuesday	Attitash, NH	\$70	Steve Carr	5:00
Mar 11	Thursday	Mad River Glen, VT	\$70	Roger Stokey	4:30
Mar 17	Wednesday	Wildcat, NH	\$70		5:00
Mar 24-25	Wed–Thurs	Stowe, VT	TBA	Donny Estes	DY

* All payments subject to our deposit policy, found elsewhere in this newsletter. Non-members are subject to a \$15 surcharge.

09/10 Trip Leaders

Bud Shaw
 84 Lakewood Drive
 Mashpee, MA 02649
 508-477-3717

Leonard Hills
 PO Box 3149
 Pocasset, MA 02559
 508-563-3941

Roger Stokey
 31 Riddle Hill Road
 Falmouth, MA 02540
 508-292-8370

Donny Estes
 PO Box 107
 Woods Hole, MA 02543
 508-566-0062

Steve Carr
 PO Box 290
 Pocasset, MA 02559
 (508) 563-9498



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- Tecnica
- Thule
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Full service ski and snowboard shop with friendly, knowledgeable customer service. We do it all, from Boot fitting to edge repair. For all your skiing needs call us. Our prices will beat any shop around and we guarantee 100% satisfaction.



Let us know you're coming and we will tune your skis on the spot so you don't have to make the drive twice!

Support your local ski shop!

45 Depot St. Duxbury MA.
Directions available at our website:
www.sportworksltd.com

Trip Application for 2009-2010 Season

Name: _____ Roommate: _____

MAILING Address: _____

City: _____ State: _____ Zip: _____

Phone (Home): _____ (Work): _____

Email address: _____

Trip desired _____ Date: _____

Downhill Cross Country Snowboard

YOU MUST FILL IN ALL BLANKS. I HAVE READ AND AGREE TO THE LIABILITY POLICY AND WAIVE ALL LIABILITY.

Signed _____ Date _____

LIABILITY POLICY: Participants acknowledge that there are inherent risks in skiing, whitewater rafting, and other sports, and agree to hold harmless the Upper Cape Ski & Sport Club, it's officers, directors, and agents, from any claims whatsoever resulting from participation in any club related activity. The Upper Cape Ski & Sport Club acts solely as agent carrying out services and assumes no responsibility for injury, loss, or damage to persons or property, not for faults or defaults of companies or those carrying out services; nor accident, injuries, delays, cancellations, changes due to weather, baggage, lodging, insufficient participation, or reasons beyond the control of the Upper Cape Ski & Sport Club. Make all checks payable to: Upper Cape Ski & Sport Club.

~ Deposit/Refund policy ~

Deposits help ensure that a space is reserved for our members. These deposits apply to bus trips, weekend trips, week-long trips and more. Late cancellations are not entitled to a refund, nor is the club responsible for finding a replacement for you. You must find your own replacement, although we will endeavor to help you whenever possible. Deposits are further subject to the conditions imposed upon us by our suppliers, agents or other providers. We make every effort to refund as much money as possible but cannot guarantee that we will be able to do so. Inquire of your trip leader for specific information regarding your particular trip. The club recommends that you consider trip insurance whenever possible.

Contact Us?

 **By Mail:**

Upper Cape Ski & Sports Club
PO Box 2123
Teaticket, MA 02536

 **By Phone:**

Tom Burt
508-566-0095

 **By Web:**

www.uppercapeskiclub.com

President:

Steve Carr

Vice President:

Scott Muma

Treasurer:

Leonard Hills

Secretary:

Andrea Stokey

Membership:

Vacant

Newsletter Committee:

Tom Burt, Bud Shaw