

From the Summit

So, how about those Patriots! Red Sox? Anybody have any good jokes? Okay, okay, I'm trying hard to avoid discussing the snow and how this is one of the worst winters in memory... OR IS IT? This year has been quite deceiving. It's in the mid-50s as I write this; however, I see that a couple Vermont resorts are 100% open! Don't give up on mother nature yet—she still has some tricks up her sleeve! We have a trip to Okemo coming up next week. Fortunately for us, Okemo is reporting pretty good conditions and is 75% open. The weather also calls for additional snow between now and then.



One of the agenda items from our last Board of Directors meetings was a discussion about the reasons people join our club and go on our trips. The Florida Ski Council (who skis in Florida, anyway?) has a very enlightening presentation on ski clubs. They discussed several specific reasons why people join ski clubs and we found that our club is no exception. First is convenience: our trips are planned out—all you need to do it sign up, pay the fee, and hop on the bus (or the plane). Next, camaraderie. I think we've probably all skied alone at some point, but it's awfully nice to have someone join you. Knowledge & Experience: We have skiers of all abilities and experiences. Looking for a suggestion or feedback on a resort? A tip on what you're doing wrong on the slopes? A good jello shot recipe? Ask! I guarantee someone in the club can help. Value: Our day trips are priced pretty close to what you would pay for the lift ticket alone. Add in a bus ride and it's a no-brainer. It's similar for overnight trips, too. I realize I'm preaching to the choir here; however, it's nice to reinforce the less-obvious benefits we obtain when we join the club. Please keep these in mind when encouraging others to join us!

I hope you can all make it to our meeting this Thursday at the Beach House. We have some great things planned and have some cool things to raffle off too. It's fitness month, so be sure to wear your pink tights and sweatbands. VP Scott Northrop will be running the show this month, so I convinced him to be properly attired.

Regards,

Roger Stokey President



THE A VALANCHE

Conditions!

Resorts currently open, as of January 31. The editor has taken considerable privilege in limiting the list to certain major resorts. There are plenty of other resorts open that are not captured here.

Attitash	64 of 73 trails	255 of 280 acres	6 of 10 lifts
		_	
Bretton Woods	78 of 102 trails	407 of 464 acres	$6 ext{ of } 9 ext{ lifts}$
Cannon	50 of 72 trails	144 of 264 acres	5 of 10 lifts
Jay Peak	68 of 76 trails		7 of 8 lifts
Killington	95 of 140 trails	530 of 752 acres	12 of 22 lifts
Loon	51 of 61 trails	323 of 370 acres	9 of 12 lifts
Mad River Glen	40 of 45 trails		3 of 5 lifts
Mount Snow	46 of 80 trails	341 of 470 acres	10 of 20 lifts
Okemo	87 of 119 trails	497 of 632 acres	10 of 19 lifts
Stowe	112 of 116 trails	500 of 500 acres	10 of 13 lifts
Stratton	81 of 94 trails	459 of 600 acres	8 of 11 lifts
Sugarbush	110 of 111 trails	484 of 484 acres	12 of 16 lifts
Sugarloaf	96 of 153 trails	470 of 1056 acres	11 of 14 lifts
Sunday River	110 of 132 trails	638 of 743 acres	10 of 16 lifts
Waterville Valley	48 of 52 trails	182 of 220 acres	10 of 12 lifts
Wildcat	42 of 49 trails		2 of 4 lifts

Data extracted from http://www.snocountry.com



Yes, we scored some more amazing items for a raffle this month! Here's what we offering up at this meeting, appropriate for this month's fitness theme:

- FitPlan passes
- Mini Session to Mimi's Reflexology
- Yoga Mat
- Fitness Ball
- Assorted hand weights

Thanks to Mimi's Art & Reflexology, and FitPlan for the donations!





- . Are you a new member? -or-
- . A prior member that has not joined in at least 3 years (07-08 season)?

\$99 gets you a one-year membership and a day trip of your choice!

Contact: Michael Finegold (774-392-2567) or Len Hills (508-563-3941)

11 | 12 Trip Schedule

DATE	DAY	DESTINATION	COST	TRIP LEADER	TIME
Dec. 14	Wednesday	Mt. Snow / Killington, VT	\$75	Roger Stokey	5:00
Jan. 4	Wednesday	Loon, NH	\$75	Steve Carr	5:00
Jan. 11	Wednesday	Stratton, VT	\$75	Mimi-Schlichter	5:00
Jan. 22–27	Sun-Fri	Sugarloaf, ME	\$365	Bud Shaw	DY*
Feb. 8	Wednesday	Okemo, VT	\$75	Len Hills	5:00
Feb. 16	Thursday	Cannon, NH	\$75	Scott Northrop	5:00
Feb. 19–26	Sun-Sun	Steamboat, CO	\$1475	Bud Shaw	FLY
Feb. 29	Wednesday	Killington, VT	\$75	Scott Muma	5:00
Mar. 3–10	Sat—Sat	Whistler-Blackcomb, BC	\$1799	Michael Finegold	FLY
Mar. 7	Wednesday	Bretton Woods, NH	\$75	Mimi Schlichter	5:00
Mar. 15	Wednesday	Wildcat, NH	\$75	Camille Morgan	5:00

- Trips highlighted in **ORANGE** are **GUARANTEED TO GO!**
- Trips highlighted in GRAY are overnight trips
- *DY-Drive Yourself
- All trips subject to our deposit and liability policies, found elsewhere in this newsletter and on our website.
- Non-members are subject to a \$15 surcharge.
- Don't sign up at the last minute! You may incur additional fees!

Bud Shaw



11/12 TRIP LEADERS **Scott Muma** Mimi Schlichter

Roger Stokey 508-292-8370 508-477-3717 508-331-7344 508-548-3278

Michael Finegold **Steve Carr** Len Hills **Scott Northrop** 508-563-9498 508-563-3941 774-392-2567 508-563-6731

Camille Morgan

508-759-7616

Skiing Vermont terrain at
Okemo is quite the treat as its winter
operations consistently receive accolades and win
awards for snow quality, grooming, terrain parks, family programs, slope-side lodging, resort dining and its friendly, pro-

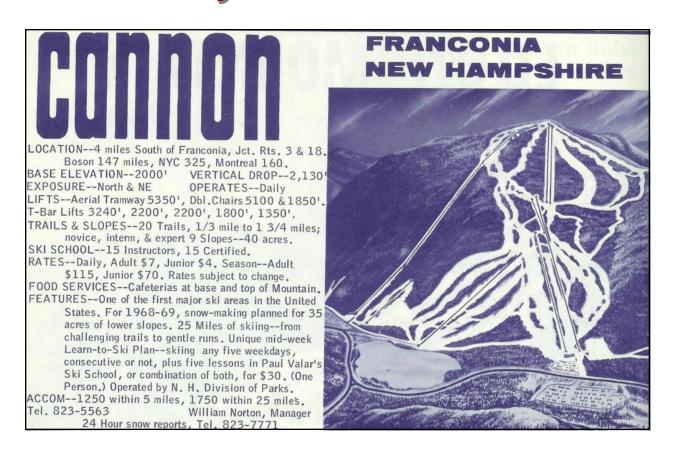
fessional staff. The mountain features 632 acres of terrain, 96% snowmaking coverage, and 2,200 feet of vertical drop, the most vertical in southern Vermont.

Cost: \$75. Trip Leader:

Len Hills—(508) 563-3941

Feb 29

Cannon, NH February 16, 2012



Alright, so it's not 1968 any more. Good thing? Maybe... But I sure would like those 1968 rates —\$7 for an adult and \$115 for a season pass! Our price is a little higher than that, but still just as good a deal! Admittedly, much at Cannon today is the same as back then, but a few things have changed for the better. For example, the trail count has more than tripled. The snowmaking coverage increased by about 6 times! And Mittersill has, well, sort of changed. It's a part of Cannon now, unlike back then. Join us on February 16 and take advantage of the better-than-1968-snowmaking coverage!

Cost: \$75

Trip Leader: Scott Northrop (508) 563-6731

This trip is guaranteed to go!

THE AVALANCHE

Why should I ski with the

Upper Cape Ski & Sports Club?

1. Your trip is already planned!

We make arrangements for your accommodations, airfare, and shuttles to the hotel/condo.

Lift Tickets & Rentals are arranged!

We purchase the lift tickets for you, at a price that is not otherwise available.

3. There's a Trip Leader you can rely on!

The Trip Leader knows the resort and is capable of handling travel situations.

4. There will always be someone to ski with!

Our membership is diverse. We have skiers and boarders of all abilities.

5. Discounts over booking the trip on your own!

We offer <u>extremely</u> competitive rates that are not available to the public.

...Or you can do it ALL YOURSELF!



February 19-26, 2012

Few resorts can boast of the name recognition that Steamboat enjoys. The name conjures up images of "Champagne Powder" (a phrase the resort has actually registered), skiing in the aspens, cowboy hats and Billy Kidd. The skiing and riding is spread over four peaks and a prominent ridge, which forms a range or massif. Draped over this varied landscape are nearly 3,000 skiable acres, 142 trails and 3,600 vertical feet. The glades of Pioneer Ridge and Sunshine and Storm Peaks catch and hold much of the 337 inches of light, dry powder that fall in an average season. It's six peaks are filled with world-class groomed cruisers, bumps, steeps, open meadows, legendary tree skiing and Mavericks, North America's longest super pipe. Plenty of variety for novices to experts.

Includes:

- 7 nights condominium lodging at The Ranch
- 5 out of 6 day lift ticket
- Round trip airfare
- Transportation between Denver and Steamboat

Price:

- \$1475 per person, based on double occupancy
- Singles welcome—we'll try to pair you up; if not, single supplement is available

Contact:

Bud Shaw at 508-477-3717 or budco1@comcast.net



~ Deposit/Refund policy ~

Deposits help ensure that a space is reserved for our members. These deposits apply to bus trips, weekend trips, week-long trips and more. Late cancellations are not entitled to a refund, nor is the club responsible for finding a replacement for you. You must find your own replacement, although we will endeavor to help you whenever possible. Deposits are further subject to the conditions imposed upon us by our suppliers, agents or other providers. We make every effort to refund as much money as possible but cannot guarantee that we will be able to do so. Inquire of your trip leader for specific information regarding your particular trip. The club recommends that you consider trip insurance whenever possible.

February 2 Meeting:

Agenda:

• Barbara Basham and BOSU training

• Overview of Reflexology by Mimi

• Raffles!

• Free food!

• Trip sign-up!

• Scott Northrop in pink tights and sweatbands!

TPM start @
The Beach House



Contact Us?

■ By Mail:

Upper Cape Ski & Sports Club PO Box 2123 Teaticket, MA 02536

By Phone:

Tom Burt 508-392-9672

⁴ By Web:

www.uppercapeskiclub.com



<u>President:</u> <u>Vice President:</u>

Roger Stokey Scott Northrop

Treasurer: Secretary:
Leonard Hills Rick Howe

Membership: Newsletter:
Scott Northrop Tom Burt

Pam Tremarche

Website:

Michael Finegold



High quality brands:

- Rossignol
- Salomon
- The North Face
- Volkl
- Tecnica
- Thule
- •And many more...
 Free installation with purchase of Thule Rack or box 781-934-9501

SPORTWORKS2

Full service ski and snowboard shop with friendly, knowledgeable customer service. We do it all, from Boot fitting to edge repair. For all your skiing needs call us. Our prices will beat any shop around and we guarantee 100% satisfaction.

Let us know you're coming and we will tune your skis on the spot so you don't have to make the drive twice!

Support your local ski shop!

45 Depot St. Duxbury MA.
Directions available at our website:
www.sportworksltd.com