

The Avalanche

MARCH 2020

From the Summit



When the chairlift you're riding comes to a stop, as often happens, I think it's human nature to immediately look down. "How far will I have to jump?" How reassuring that people like Dr. John Child (Sunday River ski patrol) and our own Mick Beriau (Loon Mt. ski patrol) will be ready to solve any problem that occurs on the hill. They gave us a really informative presentation of lift rescues at our last monthly meeting. Thank you both so much, John and Mick.

Our winter adventures included the annual Falmouth Holiday Parade: 3rd place in our division! Thanks to Michael and Diane for hosting, Scott Northrop for leading, and all who participated. A really fun day.

Our annual December Yankee Swap and Ugly Sweater Contest were raucous as always. People really put a lot of thought (and humor) into their gifts this year. And congrats to all who participated in the Ugly Sweater Contest. Always a hoot!

Our annual trip to Sugarloaf was enjoyed by 26 "Loafers". Bud Shaw runs the best trip ever. If you've never been on this trip, jump on board. The best people at the best skiing in New England!

We're just back from an incredible trip to the stately and elegant Omni Mt. Washington Hotel, and the most spectacular skiing of the season (in the East, anyway) at Bretton Woods (where EVERYONE is a good skier). The two things I like most about this trip are (1) that there's something for everyone, including non-skiers; and (2) we always see old friends that we get to see at no other time. Pat Thatcher and Sharon Frederikson...what a treat to see both of you!

Upcoming we have our monthly meeting on March 5, featuring Kaylen Ballantyne from Buzzards Bay Bikes, who will get us all in the mood for the cycling season, with an emphasis on e-bikes. April 2 will be our Grand Finale, sit-down dinner and Awards Banquet. It will definitely sell-out, so reserve early.

Also upcoming is an April 26-29 trip to Jay Peak. Plenty of spots still available. And there is still limited availability on the National Parks of Croatia Trip #1 April 18. And last, but certainly not least, we have scheduled a new trip to the Scottish Highland Games in Lincoln, NH, Sept. 17-20. This exciting trip is almost sold out as of this writing. Check the club website for further details on all these awesome adventures!

We're making an effort to offer new and interesting things to our members. Because of all of your support the ski club continues to grow. Tell your friends: the Upper Cape Ski and Sports Club is a really fun club with really fun members!



Until next time, Think Snow!

Rick Howe, President



Upper Capers enjoying pristine conditions at Sugarloaf!



Have an idea for a trip?

Put together some details, and reach out to any officer or Board Member!

~ Deposit/Refund policy ~

Deposits help ensure that a space is reserved for our members. These deposits apply to bus trips, weekend trips, week-long trips and more. Late cancellations are not entitled to a refund, nor is the club responsible for finding a replacement for you. You must find your own replacement, although we will endeavor to help you whenever possible. Deposits are further subject to the conditions imposed upon us by our suppliers, agents or other providers. We make every effort to refund as much money as possible but cannot guarantee that we will be able to do so. Inquire of your trip leader for specific information regarding your particular trip. The club recommends that you consider trip insurance whenever possible.

Upcoming Events

March 2:

Board of Directors meeting (members welcome)

March 5:

**Club meeting, featuring Kaylen Ballentyne—
Owner, Buzzards Bay Bikes / Sailworld**

March 26—29:

Jay Peak, Vermont

April 18—25:

Croatia Bike & Barge #1

May 2—9:

Croatia Bike & Barge #2

September 17—20:

Highland Games Getaway

CROATIA Bike & Barge

Croatia is a country full of beautiful, well-kept coasts with thousands of islands, reefs, and bays. Numerous Roman ruins, charming hills, and breathtaking beauty await you here. Situated along the Adriatic Sea, Croatia stretches from the slopes of the alps to the banks of the Danube and Drava Rivers. If you have always desired to cycle in Croatia but have worried about the mountainous terrain, you need worry no longer. You **can** bike Croatia and will conquer the hills almost effortlessly. You will not be denied the breathtaking views that these mountain climbs provide. Trogir can easily be reached via Split Airport. You will discover the charm of the Adriatic in a very unique way. After a hearty breakfast each morning, you cycle through history and culture and at midday meet the ship at a harbor for lunch. In the evening, the ship will be waiting in the next harbor for you to dine as the sun sets, followed by a stroll through the historic harbor towns. Trip Leader: Michael Finegold— (774) 392-2567.

TWO AMAZING TRIPS!

Trip #1

April 18–25, 2020

- Cruise aboard the Princess Diana
- 8 days, 7 nights accommodations in double cabin with private bathroom
- 4 x Full board (breakfast, lunch, and dinner)
- 3 x Half board (breakfast and lunch OR dinner)
- English-speaking tour guide
- Guided cycling tours as described in itinerary
- Bed linens and towels
- Maps of daily cycling routes
- Entrance fees to the National Parks
- Electric bicycle with 8 gear hub shifting with pannier
- \$1970–\$2199 depending on cabin



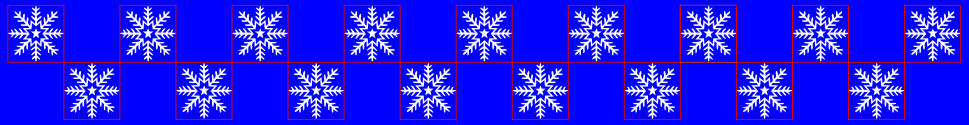
Call for
Availability!

Trip #2

May 2–9, 2020

- Cruise aboard the Melody
- 8 days, 7 nights accommodations in double cabin with private bathroom
- 4 x Full board (breakfast, lunch, and dinner)
- 3 x Half board (breakfast and lunch OR dinner)
- English-speaking tour guide
- Guided cycling tours as described in itinerary
- Bed linens and towels
- Maps of daily cycling routes
- Entrance fees to the National Parks
- Electric bicycle with 8 gear hub shifting with pannier
- \$1999–\$2299 depending on cabin





Jay Peak

2-night or 3-night package!

Includes:

Condo lodging
3 or 4 days of lift tickets

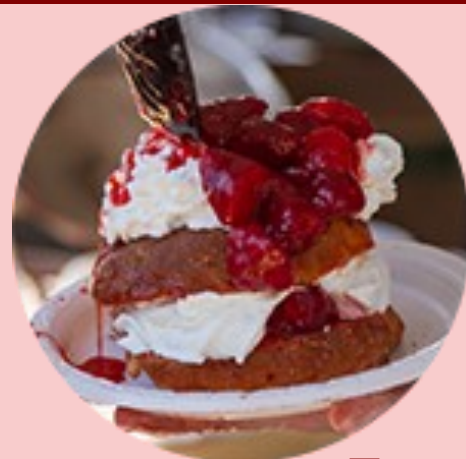
Cost:

\$290 or \$420

Trip Leader:

Michael Finegold (774) 392-2567

March 26-29



Highland Games!

SEPTEMBER 17-20

We will be staying at the Maple Lodge Cabins in North Woodstock, NH, 5 miles from the games at Loon Mountain. Cabin descriptions are available here: www.maplelodgescabins.com. Cabins will be booked on a first come basis! Prices on club website. **FULL PAYMENT** is due within 10 days of booking.

Additional activities available include: hiking, bike trails, The Flume Gorge, Cannon Mt. Tram, Alpine Adventures Zip Line, Hobo Railroad, Clarks Trading Post, Seven Birches Winery, Franconia Notch State Park, White Mountain National Forest, plus many more. Tickets to the Games are EXTRA and must be paid with your booking:

- 3 Day Pass Regular Price \$65 your price \$53
- Friday or Sunday Only Regular \$25 your price \$10
- Saturday Only Regular Price \$45 your price \$35

Read about the games here: <http://www.nhscot.org>

Trip leaders: Leonard and Jean Hills. 508-560-1970

(pictures courtesy of www.nhscot.org)



THE AVALANCHE

Our Partners:



SPORTWORKS

Sportworks, LTD

45 Depot St.

Duxbury, MA 02332

781-934-9501

www.sportworksduxbury.com

Bike Zone of Cape Cod

13 County Road
North Falmouth, MA 02557
508-563-2333
www.bikezonecapecod.com

- Offering a 10%+ discount to our members on products, rentals and more!
- Standard tune up—\$49, Deluxe tune up—\$79
- Bikes under \$500 gets \$50 off, Over \$500 \$100 off
- Bike rentals reduced to \$15 per bike
- Discount on Labor as well.

(offers valid at North Falmouth store only)



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Click on either of the logos below to check our pages!



Contact Us?



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President:

Rick Howe

Vice President:

Scott Northrop

Treasurer:

Leonard Hills

Secretary:

Linda Barlow-Palo

Website:

Michael Finegold

Newsletter:

Tom Burt



Who we are...

The Upper Cape Ski & Sports Club is a group of outdoor enthusiasts that love to enjoy a variety of activities with friends. We're a casual and social group, never particularly serious about anything. Skiing and Snowboarding is our primary interest, although we do throw in other activities such as biking, kayaking, traveling, bowling, and more. Our goal is to provide fun and affordable activities that folks of all ages and abilities can enjoy. Families are always welcome, as are non-members.

<http://www.uppercapeskiclub.com>